

Name: _____ Date: _____

MORTIMER-FILKENS QUESTIONNAIRE

INSTRUCTIONS

Please answer every question. Do not spend too much time on any one question. We would like your first impressions, so try to answer with the first thing that comes to mind. Answer each question in the order in which it appears. Mark an "X" or () for the TRUE (yes)/FALSE(no) questions. Where are you asked to answer with a number, (how many) please put the number in the space provided. If the event never happened to you, mark zero (0). There are no right or wrong answers. Give the answer which seems most correct to you. Are there any questions now?

1. What is your present marital status?

1. single
2. separated
3. divorced
4. widowed
5. married

Enter the number here ()

2. With whom do you live?

1. alone
2. with friend(s)
3. with relative(s)
4. with wife (husband)
5. with ex-wife (ex-husband)

Enter the number here..... ()

IF YOU HAVE NEVER BEEN MARRIED SKIP TO QUESTION No. 6

	TRUE	FALSE
3. How many times have you and your wife (husband) seriously considered divorce in the last two years?	[]
4. Does (did) your wife (husband) often threaten you with divorce?.....	()	()
5. Would you say that your wife's (husband's) general health is (was) very good?	()	()
6. Are you employed now?.....	()	()
7. Do you smoke?	()	()
8. About how many packs of cigarettes do you smoke per week?	[]
9. Were you ever arrested?.....	()	()
10. Are your relatives upset with the way you live?	()	()
11. Is your income sufficient for your basic needs?.....	()	()
12. Are you bothered by nervousness (irritable, fidgety or tense)?	()	()
13. My judgment is better than it ever was	()	()
14. Have you recently undergone a great stress (such as something concerning your job, your health, your finances, your family)?	()	()

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	TRUE (yes)	FALSE (no)
15. I am apt to take disappointments so badly that I cannot put them out of my mind.....	()	()
16. I have long periods of such great restlessness that I cannot sit for long in a chair.....	()	()
17. Are you often sad or down in the dumps?.....	()	()
18. I have had periods in which I carried on activities without knowing later what I had been doing.....	()	()
19. Do you have a lot of worries?.....	()	()
20. I have trouble sleeping.....	()	()
21. I am moderate in all my habits.....	()	()
22. Do you feel that you have abnormal problems?.....	()	()
23. I have lived the right kind of life.....	()	()
24. My home life is as happy as it should be.....	()	()
25. Does drinking help you make friends?.....	()	()
26. Much of the time I feel as if I have done something wrong	()	()
27. Do you think that creditors are much too quick to bother you for payments?.....	()	()
28. I wish I could be as happy as others seem to be.....	()	()
29. I sometimes feel that I am about to go to pieces.....	()	()
30. Do you usually perspire at night?.....	()	()
31. I often feel uncomfortable and down in the dumps.....	()	()
32. About how many years has it been since your last out-of-town vacation? (If you have never taken one, write "9").....	[]
33. I am a high-strung person.....	()	()
34. I am satisfied with the way I live.....	()	()
35. Have you ever had your driver's license suspended or revoked? ()	()
36. About how many times have you asked for help for your problems (personal, family, marriage, money, or emotional)?	[]
37. Is there a history of alcoholism in your family?.....	()	()
38. Do you have a relative who is an excessive drinker?.....	()	()
39. Are you often depressed and moody?.....	()	()
40. I often feel as if I were not myself.....	()	()
41. I am often afraid I will not be able to sleep.....	()	()
42. Do you often feel afraid to face the future?.....	()	()
43. Drinking seems to ease personal problems.....	()	()
44. How many drinks can you handle and still drive well?.....	[]
45. In the last year, how many times have you drunk more than you could handle, but still been a good driver when you got behind the wheel?.....	[]

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	TRUE (yes)	FALSE (no)
46. I wish people would stop telling me how to live my life.....	()	()
47. I often am afraid without knowing why I am afraid.....	()	()
48. At times I think I am no good at all.....	()	()
49. Do you feel sinful or immoral?.....	()	()
50. A drink or two gives me energy to get started.....	()	()
51. Does drinking help you work better?.....	()	()
52. My daily life is full of things that keep me interested.....	()	()
53. I often have feelings of vague restlessness.....	()	()
54. My friends are much happier than I am.....	()	()
55. I often pity myself.....	()	()
56. Would you say that 4 or 5 drinks affect your driving?.....	()	()
57. I feel tense and anxious most of the time.....	()	()
58. Are you often bored and restless?.....	()	()

tell the interviewer you are finished